

ADDICTION EXCHANGE

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News from the worlds of clinical practice and research

Brought to you by FAX, email, and on the web by the
Mid-Atlantic Addiction Technology Transfer Center

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Welcome to *Addiction Exchange*, a forum for the exchange of clinical practice and research information among clinicians, scientists, educators, and administrators in the area of addiction. Today's topic is **Locating Mental Health Information Disseminated by SAMHSA**. Our regular readers are well aware of CSAT, the federal agency that funds the ATTC programs. But did you know that CSAT's "sister" agency in SAMHSA is CMHS, the Center for Mental Health Services? *Due to the high rates of dual diagnosis, or co-occurring mental health and substance use disorders, it is important that all clinicians working with clients access current resources on mental health AND substance abuse.* CMHS sponsors a variety of information resources designed to assist the professional counselor, researcher, or consumer of mental health services. Most of these can be accessed easily through their website, the "Knowledge Exchange Network" at <http://www.mentalhealth.org>. Those without Internet access can call 1-800-789-2647. The CMHS publications catalog includes numerous fact sheets of mental health data and statistics of interest to administrators and educators, along with useful information on mental health disorders and treatment. A sampling from the current website includes:

Booklets such as:

- Knowledge Exchange Network for Mental Health Information
- Managed Mental Health Care, What to Look For What to Ask

Pamphlets such as:

- Knowledge Exchange Network For Mental Health Information
- Before You Label People, Look at Their Contents
- Where In The World Is KEN?
- Mental Illness Is Not a Full-Time Job, 1996
- If You're Over 65 and Feeling Depressed...Treatment Brings New Hope
- The Community Mental Health Services Block Grant

Fact Sheets such as:

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| • Traditional Therapies | • Eating Disorders |
| • Schizophrenia | • Choosing the Right Mental Health Therapist |
| • Alternative Approaches to Mental Health Care | • Anxiety Disorders |
| • Know Your Rights | • Mental, Emotional, and Behavior Disorders in Children and Adolescents |
| • How to Pay for Mental Health Services | |

Additionally, CMHS maintains several useful databases accessible to the public, including: **the Mental Health Services Database**, a directory of more than 2,000 organizations that provide mental health services and information; **the Mental Health Directory 1995**, a directory of more than 18,000 organizations that directly provide mental health services (organizations listed include private psychiatric hospitals, state and county mental hospitals, community residential organizations, outpatient mental health clinics, and general hospitals with separate psychiatric services); **the Consumer/Survivor Database** a directory of consumers/survivors who have expressed interest in participating in CMHS activities and in networking with one another on various consumer-related topics (each individual has given permission to be included in this public database); the **CMHS Grantee Database**, a listing of grants awarded by CMHS; and the **Mental Health Services Publications Database**, an annotated bibliography for reports, bibliographies, guides and other material published by States and mental health organizations on aspects of mental health services delivery (the database includes almost 2,000 abstracts; 50 abstracts are added each month).

We hope you find *Addiction Exchange* useful in your work. Please let us know about your information needs by emailing the editor, Dr. Karen Ingersoll, at kingerso@vcu.edu. Discuss your training needs by calling us at (804) 828-9910, or contact the Mid-ATTC office at mid-attc@mindspring.com. The Mid-ATTC's website address is <http://www.mid-attc.org/>.

